

PRIVACY POLICY

Sleep Gate Reset Protocol

Effective Date: September 19, 2025 **Last Updated:** September 19, 2025

1. INTRODUCTION

This Privacy Policy describes how Sleep Gate Reset Protocol ("we," "us," or "our") collects, uses, and protects your personal information when you use the Sleep Gate Reset Protocol course and related services ("Service").

2. INFORMATION WE COLLECT

Personal Information You Provide:

- **Contact Information:** Name, email address, phone number (if provided)
- **Payment Information:** Billing address and payment details (processed securely through third-party payment processors)
- **Communication Data:** Messages sent through our support system or community features
- **Account Information:** Username, password, and profile information

Information Automatically Collected:

- **Usage Data:** How you interact with our course materials, time spent on modules, completion rates
- **Device Information:** IP address, browser type, operating system, device identifiers
- **Cookies and Tracking:** We use cookies to enhance your experience and analyze usage patterns

3. HOW WE USE YOUR INFORMATION

We use your personal information to:

- **Provide the Service:** Deliver course content, process payments, manage your account
- **Communication:** Send course updates, educational content, and respond to support requests
- **Improvement:** Analyze usage patterns to improve course content and user experience
- **Legal Compliance:** Comply with applicable laws and regulations

- **Security:** Protect against fraud and unauthorized access

4. INFORMATION SHARING AND DISCLOSURE

We do not sell, rent, or trade your personal information. We may share your information with:

Service Providers:

- **Payment Processors:** Stripe, PayPal, or other payment services to process transactions
- **Email Services:** Mailchimp, ConvertKit, or similar services to deliver course content and updates
- **Hosting Providers:** Cloud storage and hosting services to maintain our platform
- **Analytics Services:** Google Analytics or similar services (using anonymized data where possible)

Legal Requirements:

We may disclose your information if required by law, court order, or to protect our rights and safety.

5. DATA RETENTION

We retain your personal information for as long as necessary to provide the Service and fulfill the purposes outlined in this policy. Specifically:

- **Account Information:** Retained while your account is active and for a reasonable period after account closure
- **Payment Information:** Retained as required for tax and legal purposes
- **Communication Records:** Retained for customer service and legal purposes

6. DATA SECURITY

We implement appropriate technical and organizational security measures to protect your personal information, including:

- Encryption of data in transit and at rest
- Regular security assessments
- Limited access to personal information on a need-to-know basis
- Secure payment processing through certified providers

However, no method of transmission over the internet is 100% secure, and we cannot guarantee absolute security.

7. YOUR RIGHTS AND CHOICES

Depending on your location, you may have the following rights:

Access and Portability:

- Request access to your personal information
- Request a copy of your data in a portable format

Correction and Deletion:

- Request correction of inaccurate information
- Request deletion of your personal information (subject to legal requirements)

Communication Preferences:

- Opt out of marketing communications (course-related communications may continue)
- Manage cookie preferences through your browser settings

How to Exercise Your Rights:

Contact us at davemrodriguez28@gmail.com to exercise any of these rights.

8. INTERNATIONAL DATA TRANSFERS

If you are located outside [YOUR COUNTRY], please note that your information may be transferred to and processed in [YOUR COUNTRY] where our servers are located and our company operates.

9. CHILDREN'S PRIVACY

Our Service is not intended for individuals under 18 years of age. We do not knowingly collect personal information from children under 18.

10. THIRD-PARTY LINKS

Our Service may contain links to third-party websites. This Privacy Policy does not apply to those websites, and we are not responsible for their privacy practices.

11. COOKIES AND TRACKING TECHNOLOGIES

We use cookies and similar technologies to:

- Remember your preferences and login information
- Analyze how you use our Service
- Provide personalized content and recommendations

You can control cookies through your browser settings, but disabling cookies may affect your ability to use certain features.

12. CALIFORNIA PRIVACY RIGHTS (CCPA)

If you are a California resident, you have additional rights under the California Consumer Privacy Act:

- Right to know what personal information is collected and how it's used
- Right to delete personal information
- Right to opt out of the sale of personal information (we do not sell personal information)
- Right to non-discrimination for exercising these rights

13. EUROPEAN DATA PROTECTION (GDPR)

If you are in the European Economic Area, you have rights under the General Data Protection Regulation:

- **Legal Basis:** We process your data based on contract performance, legitimate interests, and your consent
- **Data Protection Officer:** Contact davemrodriguez28@gmail.com for data protection matters
- **Supervisory Authority:** You have the right to lodge a complaint with your local data protection authority

14. CHANGES TO THIS PRIVACY POLICY

We may update this Privacy Policy from time to time. We will notify you of any material changes by:

- Posting the updated policy on our website
- Sending an email notification to registered users
- Updating the "Last Updated" date at the top of this policy

15. CONTACT INFORMATION

For questions, concerns, or requests regarding this Privacy Policy or your personal information, contact us at:

Email: davemrodriguez28@gmail.com **Subject Line:** Privacy Policy Inquiry

16. DATA PROCESSING LAWFUL BASIS (GDPR)

For EU residents, we process your personal information based on:

- **Contract:** To provide the Service you purchased
- **Legitimate Interests:** To improve our Service and prevent fraud
- **Consent:** For marketing communications (which you can withdraw at any time)